You've had a Positive COVID-19 Test. So Now What?

Go home and wait to hear from your local health department. You will get a call from the health department in the county in which you live. It could take a few days for the health department to contact you.

If you have signs or symptoms, isolate yourself from other healthy individuals in your home for at least 10 days and until you meet **all three** of these requirements:

1. Symptoms are better.
2. It has been 10 days since you first felt sick.
3. No fever for at least 24 hours without medicine.

If you do **not** have symptoms, stay home for 10 days from the date of your test.

Contact your employer or school. Do not go to work or school until you meet the criteria listed above.

Contact your healthcare provider and seek care if needed.

Create a list of poeple you have been in contact with from 2 days prior of symptom onset to now. A contact is someone you have been with for more than 15 total minutes within 6 feet of each other. Write down their names and contact information.

Inform those on your contact list that you have had a positive COVID test.

Huron County

Public Health
Prevent. Promote. Protect.

Visual Adapted and modified from Sandusky County Public Health.